



Grace Therapy: Joyner's Testimony

Grace Therapy: The Living Alternative is much more than just a book for me. It is my life. The truths contained in the book set me free from many things and they continue to set me free and help me grow in every area of my life. Let's face it, none of us have it all together, but like a good friend of mine once said, "I haven't arrived but I've already left." Every day I am being molded into the person I am destined to be with His grace.

Since the release of *Grace Therapy*, I've read my book more times than when I wrote it. I don't read it to study its content for my next book event, but so my heart can keep afresh the very truths that catapult me towards greater freedoms and victories to daily battles. It refreshes me to live life with hope, revives me to His embrace, and renews my mind one step at a time to counter the very present difficulties that try to ensnare me on a daily basis.

Out of all the victories I have experienced, there is one testimony I would like to proudly voice as a result of the life transforming truths within *Grace Therapy*. This is a testimony you won't find in the book but reserved as a side dish to the book's main course.

I am Joyner Briceño, and I was once a porn addict. I am completely free from the bondage of porn thanks to my Lord Jesus Christ.

Growing up as a teenager, one of the things that captivated me was the new household toy called the personal computer (PC). Little did I know the PC was going to be a tool I would use to destroy my innocent respect towards women for years. The addiction started off as a curiosity for porn as big as a tooth pick only to later turn it into a wooden bat and use it to beat my own brains out. It spiraled to a place where I could not control the drive towards it anymore. It crossed the point of no return and it became a necessity to see porn every day after coming home from school.

The ugly part was that I was already a believer in Christ, so I felt miserable for what I was doing. I did not want to see porn deep in my heart, but I could not stop. I didn't have much success with women in my teen years, so the pain of always being rejected by women destroyed my self-worth and the only way I could relieve the pain and lust was watching porn.

The things I would try to do to stop were innumerable. I would even try to cancel the internet service. I must have done that like 10 times only to reconnect the internet service again. Every time I would reconnect I would promise myself and God that I would not do it again only to fall flat on my face time and time again.

I then turned to spiritual ways for answers. I began to listen to challenging messages from Christian leaders to correct my behavior, but it would not work. On the contrary, it would flame my desire even more towards porn. I would read verses as “If your eye causes you to sin, pluck it out.” I figured there had to be a better way than to pluck out my eyeballs. It’s like the more I tried to shake this off of me, the more I was shaken into it. As you can see, all my solutions were external but nothing really to heal the heart of the porn infirmity internally.

I was a porn addict from ages 15 through 22.

When I was 22 years of age, after having a revelatory encounter with my Lord Jesus Christ and experiencing some of the truths contained in Grace Therapy, my porn addiction was broken from one moment to the next. I was no longer a porn addict but the righteousness of God in Christ Jesus. I even put my new freedom to the test, and, sure enough, I was truly free from porn. Genuinely, I was a new person.

The truths within the book not only broke my porn addiction but also guarded and secured my heart from future temptations. I was no longer a porn addict for the rest of my life by the grace of God.

Today, I am happily married to Ruth Briceño for six gorgeous years. I fall in love with her again and again as my love for her ever increases. The book is lovingly dedicated to her.

Our ministries’ hope is that you also experience the same victories as I have to live life vibrantly, but most importantly, that you experience God in a real way.

In His Grace,

Joyner Briceño

